



*Bruce Lello, Greg Setzkorn and Rob Thunder.*

#### Write-up:

On Thursday, 2nd October Setzkorn Health and Wealth Consulting hosted an unstoppable evening at Bellevue Gallery above Bellevue Café in Kloof. The evening of wine tasting, inspiration and socialising kicked off with a description of the Longridge wines, being served, by Jan-Nico Coetzee of VDP. This was followed by a speech by motivational speaker, business woman and author, Cindy Norcott, who stressed that there was only one way to do business and that was the right way. She highlighted the importance of honesty, generosity and treating people with respect. The host of the evening, Greg Setzkorn, then chatted about the importance of living a balanced life and reiterated Discovery Health's philosophy of prevention is better than cure.

Each guest then received a signed copy of Cindy's book 'How to Be Unstoppable' which is an account of the lessons she has learnt during her twenty-year business experience. In the book, Cindy asks many questions that will challenge the reader to reconsider their goals and actions and encourage them to dream bigger, expect more of themselves and start their journey of unstoppable action.